How building your child's spoken word bank can boost their capacity to read

Children's oral vocabulary – their knowledge of the sounds and meanings of words – is strongly positively associated with their reading all the way through school. Understanding this relationship is important for making children's reading as strong as possible.

Our new research (Wegener, Wang, de Lissa, Robidoux, Nation, & Castles, 2017) has pointed to one mechanism underlying this association: when primary school children know a spoken word, they form an expectation of what that word should look like when it is written down – and they do this even if they have never seen it before.

Using eye-tracking technology, we demonstrated that these expectations can help children to process orally familiar words more quickly when they read them for the first time.



The tech: understanding eye-tracking

Advances in technology have made it much easier to use eye-tracking with children. Unlike old systems that were mounted on participants' heads, new systems (shown below) sit on the desk in front of the child. The eye-tracker finds a small target sticker on the child's forehead and uses it to work out where the child's eyes are.

Eye-trackers are special cameras that can follow the movement of the eyes as children read in real time. They provide information about where children look and how long they look for, giving insight into what is happening when children read (Blythe, 2014).

When the properties of a written word are changed (for example, how many letters it has or how frequently it occurs in written language), this influences how easy or difficult those words are to process. Put simply, when processing is easy, looking times are shorter. When processing is hard, looking times are longer.



Signy Wegener



Anne Castles

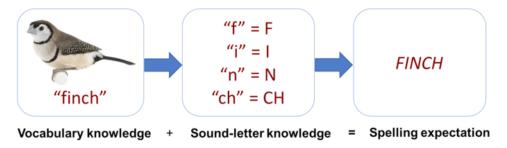
The experiment: from hearing to seeing

In order to form expectations about written words that have not yet been seen, children require a combination of knowledge about:

- the pronunciation and meaning of a spoken word; and
- the links between the sounds in spoken words and the written letters that represent them.

The figure below illustrates that by drawing this information together, children can imagine the written form of words they cannot see.

Figure 1: The formation of 'Finch'



We taught children in Year 4 the pronunciations and meanings of some made-up words. We told them the words were inventions coming from "Professor Parsnip's invention factory" (Wang, Castles, Nickels, & Nation, 2011). Each invention had a name and a function. A "nesh", for example, is an automatic card shuffler (see below).

During this training period children learned some new oral vocabulary but they never saw any of the words written down.

Figure 2: A "nesh"



Later we took the words the children had learned about and some other words they hadn't learned about, and put them into some simple sentences. We then tracked the movement of the children's eyes as they read.

Previously heard versus previously unheard words

We found that when children had previously learned about a spoken word, they spent less time looking at it than other words they hadn't heard about. This suggested their reading was enhanced by their previous oral vocabulary.

The time spent looking at the words they had learned about was also affected by how predictable the spellings of the words were. This revealed that children formed advance expectations about how the words were likely to be spelled.

When a word was spelled in a way that was what they expected to see, this helped their reading. For example, if the children had learned the spoken word "nesh", we showed them the written word nesh.

Figure 3: Recognising nesh

Nick put the deck of playing cards into the nesh to shuffle them.

But when we showed them a word that was spelled in a way the children probably did not expect to see, the children were surprised by this and they focused on it longer. For example, the children were surprised when they learned the spoken word "coib" but we showed them the written word koyb.

Figure 4: Recognising koyb

Jennifer put her soggy chips under the koyb to make them crispy.

The fact that children's reading was affected by whether they knew the spoken form of the word and how predictably it was spelled shows that when children hear spoken words they form expectations about what those words should look like before they see them. In turn, this can help their reading.

Building oral vocabulary and boosting literacy skills

Making deposits in children's spoken word banks - their store of words with known pronunciations and meanings - is an important and practical way of helping to support their literacy development.

Classrooms are logical places to teach children new spoken words, but parents can create learning opportunities at home too. If an unfamiliar word arises during conversation or shared book reading, perhaps try starting a dialogue by asking your child whether they have heard it before.

References

Blythe, H. I. (2014). Developmental changes in eye movements and visual information encoding associated with learning to read. Current directions in psychological science, 23(3), 201-207, DOI: 10.1177/0963721414530145.

Wang, H. C., Castles, A., Nickels, L., & Nation, K. (2011). Context effects on orthographic learning of regular and irregular words. Journal of experimental child psychology, 109(1), 39-57. https://doi. org/10.1016/j.jecp.2010.11.005.

Wegener S, Wang H-C, de Lissa P, Robidoux S, Nation K, Castles A. (2017). Children reading spoken words: interactions between vocabulary and orthographic expectancy. Developmental Science: https://doi.org/10.1111/desc.12577

A version of this article was published on The Conversation (https://theconversation.com/au).

Signy Wegener is a Paediatric Clinical Neuropsychologist with over 10 years of experience in public health settings working with children who have developmental or acquired disorders of cognition. She is now a PhD candidate in the Department of Cognitive Science and ARC Centre of Excellence in Cognition and its Disorders, Macquarie University. Her research investigates how children learn to read.

Twitter: @signy_w

Email: signy.wegener@hdr.mq.edu.au

Anne Castles is Distinguished Professor of Cognitive Science at Macquarie University and Deputy Director of the ARC Centre of Excellence in Cognition and its Disorders. Her research focusses on reading difficulties and learning to read, particularly the transition from novice to expert word reading. *She regularly tweets about reading-related issues.*

Twitter: @annecastles

Web: www.cogsci.mq.edu.au/members/ profile.php?memberID=4

Email: anne.castles@mq.edu.au